



Funabashi city has a population of about 620,000. The city puts an emphasis on English education from elementary school 1st grade!

### Municipal Schools in Funabashi

Senior HS x 1, Junior JHS x 27, Elementary ES x 56  
(70 ALTS work in Funabashi schools)



established in 1957 - known for producing prefectural, national and even olympic sports champions!



Inter High soccer champion 2016



Inter High Gymnastics team & individual champion 2016



Yosakoi dance, marching band & brass band club (120 members)

**Sports course = 80**  
**Commercial course = 80**  
**General course = 240**  
**International Studies course = 48**

**total per grade = 400**

**20 to 30 students per grade**  
go on to study English or other foreign languages at university or senmonganakko

our English department consists of:  
15 Japanese Teachers of English (JTE) & 3 Assistant Language Teachers (ALT)

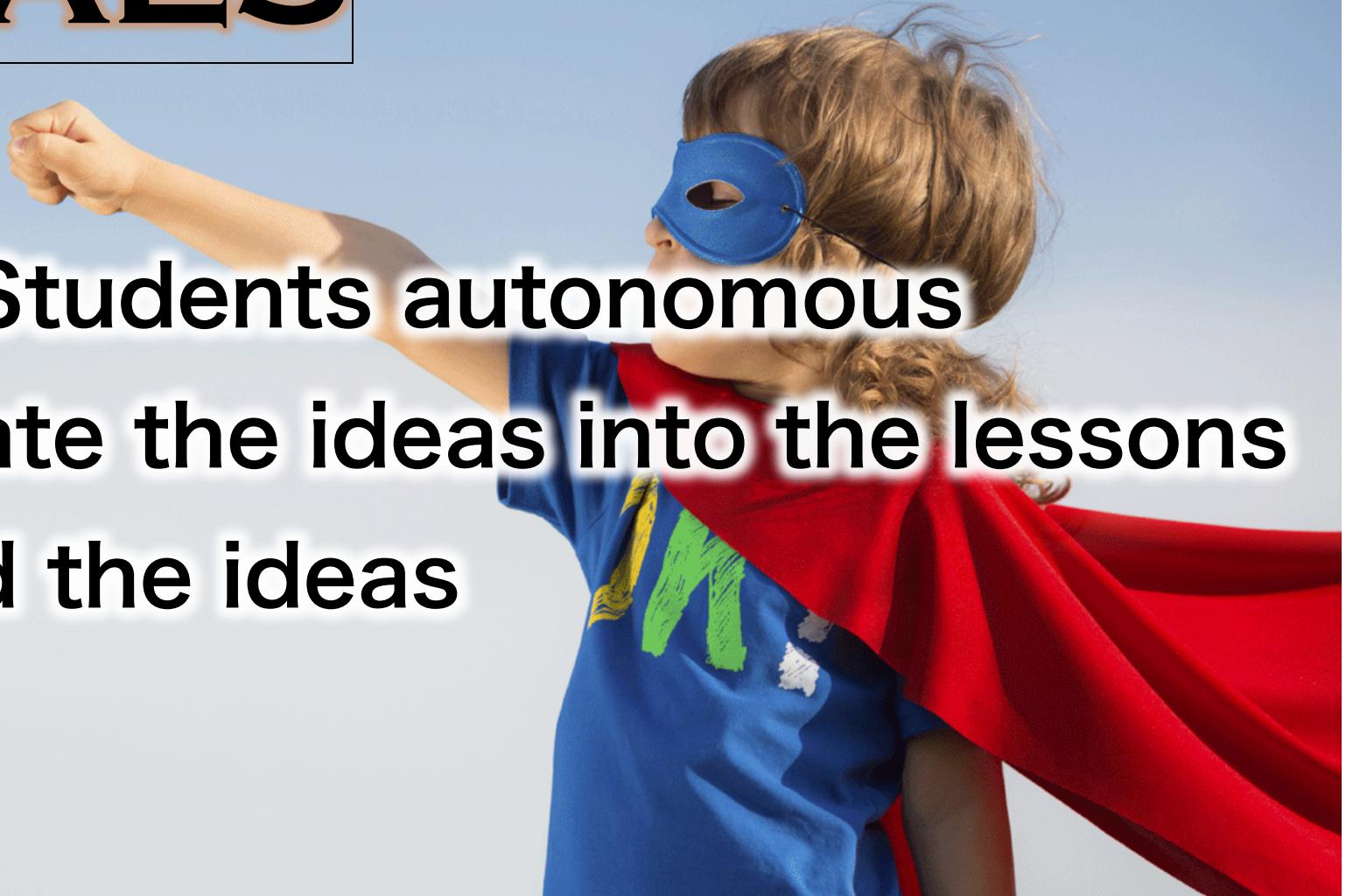
from April 2017, a system of **performance-based learning & performance-based evaluation** was established

a small-scale **SALC project** was established by 2 teachers & some students in November 2016



# GOALS

- Make Students autonomous
- Integrate the ideas into the lessons
- Spread the ideas



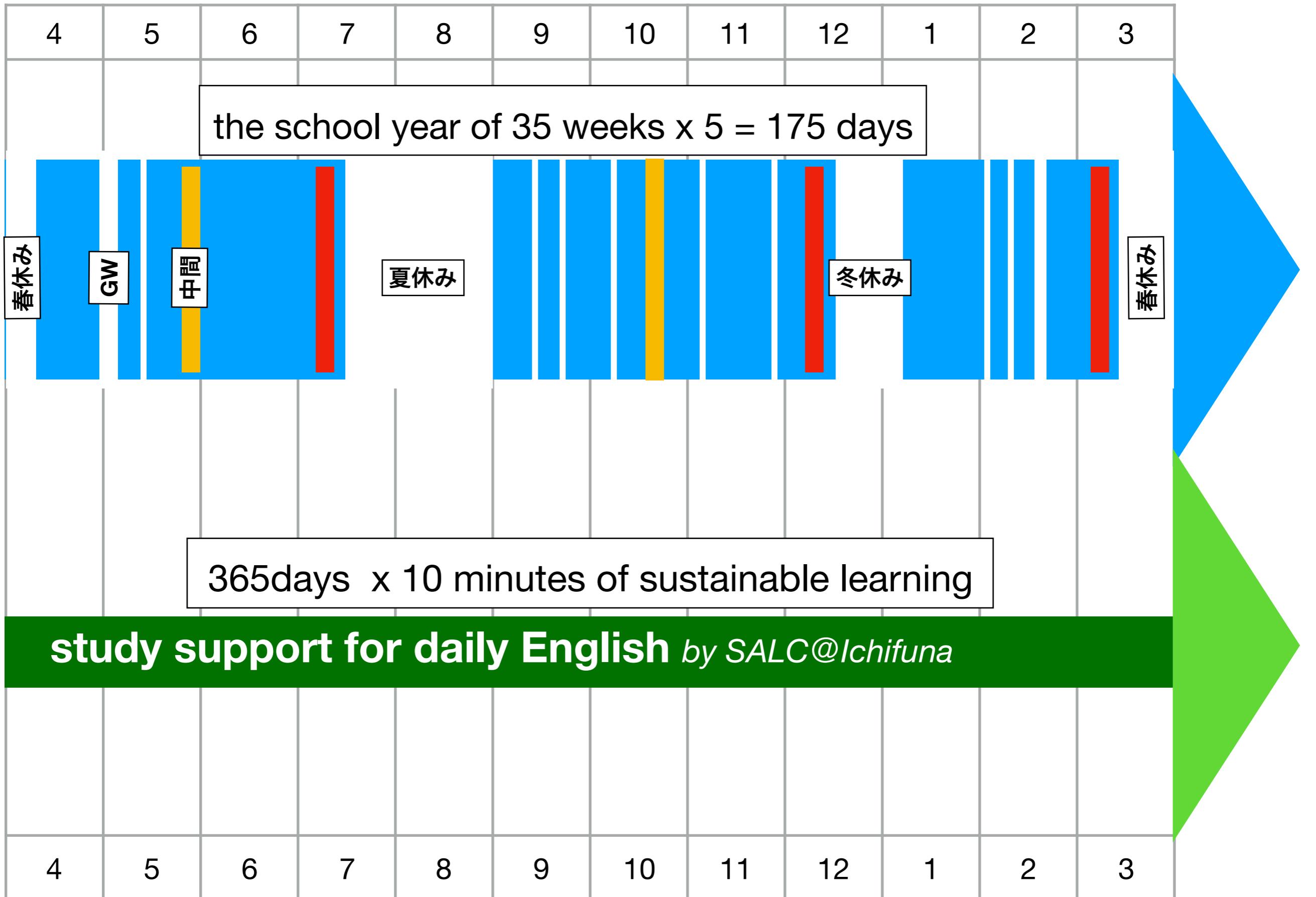
# Transform your learning

& take your English to new levels in 2018!  
**with a new skills, habits and mindsets**

Where are you now?  
 Where do you want to go?

by **SALC@Ichifuna**

teacher's role	learner form							
associate	life-long		<b>5K</b>	5 - A1	5 - A2	5 - B1	5 - B2	5 - C1
teacher-advisor	self-directed		<b>4K</b>	4 - A1	4 - A2	4 - B1	4 - B2	4 - C1
teacher-facilitator	(active) learner		<b>3K</b> SALC home stay	3 - A1	3 - A2	3 - B1	3 - B2	3 - C1
teacher-instructor	student		<b>2K</b>	2 - A1	2 - A2	2 - B1	2 - B2	2 - C1
instructor-motivator	attendee		<b>1K</b>	1 - A1	1 - A2	1 - B1	1 - B2	1 - C1
				<b>can speak English</b>				
				<b>A1</b> 英検3	<b>A2</b> 英検pre2	<b>B1</b> 英検2	<b>B2</b> 英検pre1	<b>C1</b> 英検1



SALC members in 2016



SALC members in 2017



a taste of '**self-access learning**'  
50 minutes a week in the computer room



# Advising / Councelling

SALCers

A



# Books & Other Materials

B

*SALCers*



# Communication

## “HOUKA-GO ENGLISH”

### TALK WITH ALTs

**SALCers**



# Digital (e-Learning)

D



**SALCers**



夏休み



USE IT or  
LOSE IT



name: ..... no.: ..... class 1A / 1B

## 国際教養コース Self-learning journal (summer 2017)

'I plan to use my English for ..... 分 every day this summer vacation!'

<http://if-english.weebly.com>

English skills I plan to use:

listening to music / watching a video / reading / writing a diary or blog / speaking / vocabulary games

types of media I plan to use: online video / podcast / DVD / CD / graded reader books / website / e book / etc.

websites I plan to use: TED talks / British Council / BBC learn English / NHK world / Lyrics Training / etc.

number of words I plan to learn per day: .....(単語数/日)

number of minutes I plan to practice English per day: ..... 分



mark the days when you use English with O (maru) & the days when you do not use English with X (batsu)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7/16	7/17 海の日	7/18	7/19	7/20	7/21 夏休みstarts	7/22
7/23	7/24	7/25	7/26 英会話10am	7/27	7/28	7/29
7/30	7/31	8/1	8/2 英会話10am	8/3	8/4	8/5
8/6	8/7	8/8	8/9 英会話10am	8/10	8/11 山の日	8/12
8/13 Obon	8/14 Obon	8/15 Obon	8/16 英会話10am	8/17	8/18	8/19
8/20	8/21	8/22	8/23	8/24	8/25	8/26
8/27	8/28	8/29	8/30 英会話10am	8/31 夏休みends	9/1	9/2

Do you know the expression, 'use it or lose it'?

We use this expression as follows:

muscle training - **use it or lose it!**

speaking English - **use it or lose it!**



**Dear International course students,** Have a nice summer vacation!

Remember - **use it or lose it** and if you want to,

*please plan to use your English (a little) every day during the summer vacation.*

*If you can develop 'the habit of planning some of your own learning'*

*while at high school, this skill will be of benefit to you in college and in life!*

*If you need help, please come and see me in the teachers' room. **Good luck!** Paul*

**DATE:** ...../..... (Sun / Mon / Tue / Wed / Thu / Fri / Sat)

The weather is ..... / I feel .....because.....

**Today's plan is to practice**

(listening, reading, writing, speaking, vocabulary, grammar, etc.) for ..... minutes at .....(time)

**title:** ..... **media:**.....

**NOTES**, new words & expressions:.....

What was the story or content about?.....

Did I enjoy this activity? (Was it easy or difficult?) .....

What did I learn from this activity? .....

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# SALC STUDENT'S RECORD FOR LEARNING

Class	1A	2A		Name	市船 沙流久 Ichifuna Salc
No.	10	8			
Availability			Wifi	/ PC / tablet /	Smartphone

**Purpose** 【目的】 英語ができるようになったら〇〇がしたい。

Why do you learn English?

**Target Skills** 【伸ばしたい力】

What skills do you want to improve?

**Long-term Goals** 【長期目標】

1年後		What is your future self like?
5年後		

**Short-term Goals** 【短期目標】 ‘SMART’な目標を作ろう。

《良い目標：Specific / Measurable / Achievable / Reasonable / Time Bound》

Date ( ) → Deadline ( )

Skills : I will be able to do 〇〇 in English.	Achievement 達成度(ABC)
Actions : How? What? When? How long?	Commitment 実行度(ABC)

**Record** 一週間の取り組み ( I did it! · · · ○ / I couldn't do it · · · × )

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Total
							/ 7

**Comments** 【コメント】

Reflection from peers/ yourselves

## Development of Learning Awareness

[ Beginning ]

Nearly 100 %

**Short-term Goals** 【短期目標】 ‘SMART’な目標を作ろう。

《良い目標：Specific / Measurable / Achievable / Reasonable / Time Bound》

Date ( ) → Deadline ( )

Skills : I will be able to do OO in English.	Achievement 達成度(ABC)
<b>Remember 5 words a day.</b>	<b>C</b>
Actions : How? What? When? How long?	Commitment 実行度(ABC)
<b>Study every day.</b>	<b>C</b>

Record 一週間の取り組み ( I did it! · · · ○ / I couldn't do it · · · × )

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Total
×	×	×	×	×	×	○	1 / 7

UNCLEAR / NOT SPECIFIC / TOO EASY or ???

WHAT TOPIC? WHEN? HOW LONG?  
HOW? WHERE? **FUN FOR YOU?** etc

[ 4 weeks later ... ]



[ 4 weeks later ... ]

**BREAK  
THROUGH**

**(example)**

Skills : I will be able to do OO in English.	Achievement 達成度(ABC)
<ul style="list-style-type: none"><li>• <b>give a one-minute presentation on something people don't know about Poke-Mon.</b></li></ul>	<b>A</b>
Actions : How ? What? When? How long ?	Commitment 実行度(ABC)
<ul style="list-style-type: none"><li>• <b>As soon as getting home, check the target phrases and practice by speaking for 5 min.</b></li></ul>	<b>A</b>

Record 一週間の取り組み ( I did it! · · · ○ / I couldn't do it · · · × )

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Total
○	○	×	○	×	○	○	<b>5 / 7</b>

Thanks to this activity, I started to focus on my interest.



Now I know how to learn!



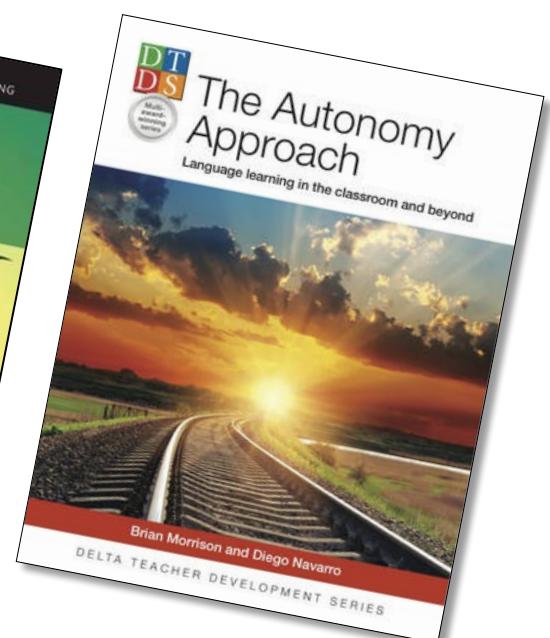
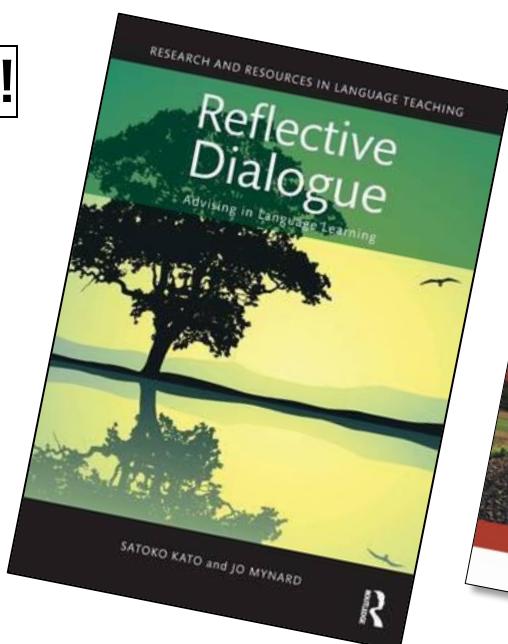
## **Development of Learning Awareness**

### **Topics/Levels/Materials/Strategies, etc.**

<b>Before</b>	<b>After</b>
<b>School-based</b>	<b>Learner-centered</b>
<b>No interests</b> in their learning <b>No responsibility</b> for their learning	<b>What do I want to learn?</b> <b>When do I have time?</b> <b>How much do I have time?</b> <b>What skill do I want to improve?</b>

***SMART GOALS can help students realize...***  
***... what they want to learn.***  
***... how they can practice the target language.***  
***... even the fact that they have no  
responsibility for their own learning, etc.***

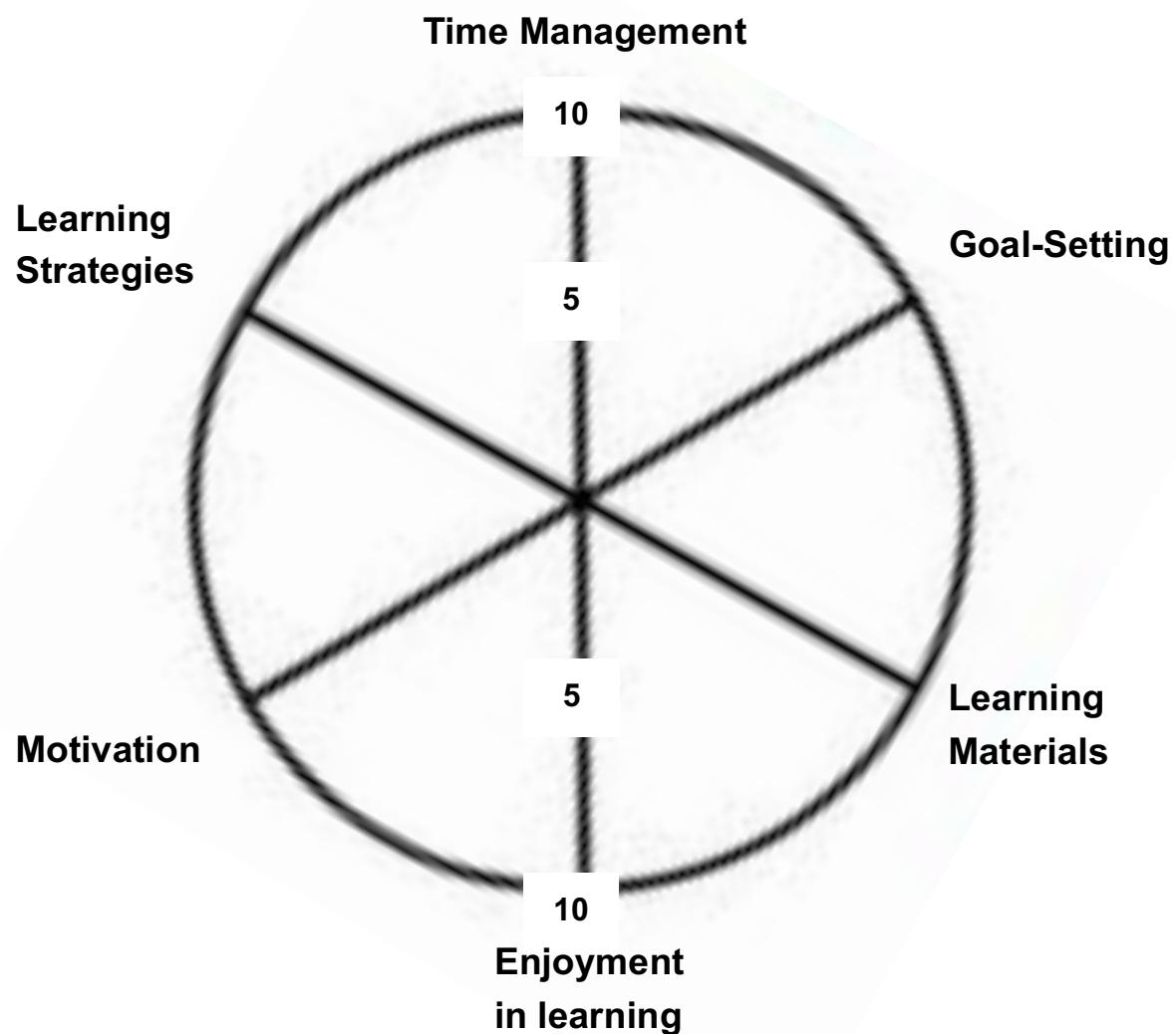
**Pick Up!**



# Reflection Sheet 今の自分を知ろう！

0. 現在のあなたの英語トレーニングの満足度は？

How happy are you with your training? 10 = Max



1. 現在、あなたの日常で英語のトレーニングをする時間は最低どのくらい作られそうですか？

1日に最低 \_\_\_\_\_ 分

2. いつ出来そうですか？ ○をつけてください

When do you think you can work on training your English?

朝起きて 通学中 学校 放課後 帰宅後 食事中 食後 寝る前

その他 ( )

3. 目標を忘れるという意見が時々あります、毎日トレーニングすることを思い出すために何をした方が良いと思いますか？

How can you remind yourself of your goal or English training?

①携帯にスケジュールを入れる ②仲間同士で声を掛け合う ③部屋の壁に目標を貼る

④自分のノート(手帳)に目標を書く ⑤その他( )

4. 毎日英語トレーニングをする上での障害はなんですか？ 1～8で順位をつけてください。

What are your major obstacles to your training?

(  )教材選び・使い方 (  )費用 (  )肉体的疲労 (  )精神的疲労  
(  )場所 (  )時間 (  )携帯ゲーム  
(  )その他 → 具体的には？

5. 自分の設定した英語トレーニングを習慣化させるために効果的だと思う方法はなんだと思いま  
すか？ ○をつけてください。

What ways are good for you to have English-training habit?

・英語を使う場所を見つける。 ・毎日少しずつ行う。 ・仲間とともに行う。  
・自分でもっと計画を立てる。 ・携帯アプリを使う。 ・ネットで行う。  
・スキマ時間を使う。 ・睡眠時間を削る。 ・娯楽の時間を減らす  
・何かと同時に使う。 ・英語の必要性を考える。 ・報酬をもらう。  
・定期的に外部試験を受ける。 ・その他( )

6. 上記で今日から実行できそうなものはなんですか？ ○をつけてください。

Which ones can you work on from today?

・英語を使う場所を見つける。 ・毎日少しずつ行う。 ・仲間とともに行う。  
・自分でもっと計画を立てる。 ・携帯アプリを使う。 ・ネットで行う。  
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・何かと同時に使う。 ・英語の必要性を考える。 ・報酬をもらう。  
・定期的に外部試験を受ける。 ・その他( )

7. あなたの英語トレーニングのモチベーションはなんですか。 1～9で順位をつけてください※  
その他に関してはあれば順位に入れてください。

What are your big motivations for English training?

(  )面白い (  )学校の定期テスト、成績 (  )外部テスト・資格  
(  )交友関係 (  )将来の仕事に有利 (  )給与が上がる  
(  )大学入試 (  )趣味・娯楽 (  )家族  
※(  )その他( )

8. 本日も英語トレーニングを行えそうですか。

Do you think you can work on your English-training today?

はい・いいえ → なぜですか？

Name: \_\_\_\_\_

# CHALLENGES

Applying the ideas to LESSONS

Obstacle 1: School-directed learning

Obstacle 2: Time Limit

Obstacle 3: Mindsets

Obstacle 4: Values

# **ACTIONS FOR NEXT**

- Rapport
- Balance (Curriculum or SALC)
- Counselling tools
- Organization of learning materials
- PDCA Cycle